

FIRST AID, AED AND CARDIO-PULMONARY RESUSCITATION(CPR)

Remote
Online
Training via



27 & 28 October 2021 (Wednesday - Thursday)

9.00 am – 5.00 pm

5 CEP Points

Introduction:

Occupational First Aid & Cardio-Pulmonary Resuscitation (CPR) program is a 2-day program developed to provide training in the provision of emergency care for those who are likely to be the first personnel responding to the scene of an accident, fire, or medical emergency. The emphasis of the course prepares the responder to address immediate life threats and injuries until more highly trained personnel are available. This course prepares the participants to be confident and competent First Aid Responders and to comply with the Occupational Safety and Health Act 1994 and OHSAS 18001.

Legal Provisions

An employer has legal obligation to provide training on first aid for his/her employees.

The Factories and Machinery Act 1967

The Factories and Machinery Act 1967 Section 25 of the Factories and Machinery Act 1967 (Act 139) and Regulation 38 of the Factories and Machinery (Safety, Health and Welfare) Regulations 1970 state the scope of responsibility of an occupier with regards to first-aid provision. The scope includes assigning the responsibility to upkeep a first aid box or cupboard to a responsible person, and for a factory with more than 20 person employed, specifying that the responsible person should be proficient in first aid treatment.

The Occupational Safety and Health Act 1994

Section 15(1) of the Occupational Safety and Health Act 1994 (Act 514) provides that every employer and the self-employed person must ensure, so far as is practicable, the safety, health and welfare at work of all his employees. The provision of first-aid facilities and first-aiders are in compliance with the welfare component of this general duty of employers and self-employed persons.

Who Should Attend:

- OSH Practitioners
- Security Managers and Personnel
- Human Resource Managers and Personnel
- Safety and Health Committee Members
- Emergency Response Team Members
- All levels of employees and interested individuals

**HRDF Claimable
Under SBL KHAS Scheme***

Learning Outcomes:

Upon completion of program, participants will be able to:

- ✓ The training will cover Theory of the Learning Objectives;
- ✓ Participant would have an opportunity to have hands-on experience
- ✓ Practice on simulated injuries (Video);
- ✓ Participants are exposed to real life situation with artificial blood and injuries (Video); &
 - Mock up practice and scenario-based situations to determine learning objectives

Methodology:

The program includes combination of theoretical discussions, case studies, and group discussion.

Program Outlines

Program Time	Topic(s)	
Day 1 (27 October 2021)		Day 2 (28 October 2021)
9.00 am	Registration Pre-Test	Registration Recap of Day 1 learning
9.10 am	Basic Life Support ✓ About death ✓ Common cause of sudden death: Heart attack, Cardiac arrest ✓ Stroke and choking	Medical Shock ✓ Definition of Shock ✓ Type of Shock ✓ Shock Management Burns and Scalds ✓ Degree of Burn ✓ Burn Management

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10.30 am	Morning coffee break	Morning coffee break
10.45 am	The Chain of Survival ✓ Early access, Early CPR ✓ Early Defibrillation Introduction Automated External Defibrillator (AED) ✓ Early Advance Care ✓ Post Cardiac Arrest Care Scene Management and Patient Assessment ✓ Scene Assessment & Safety ✓ Priority in Patient Management – Simple Triage ✓ Life Threatening Emergencies ✓ Primary and Secondary Survey Video- Basic Life Support ✓ CPR for Adult ✓ Recovery Position ✓ Airway management	Fracture and Muscular Injuries ✓ Basic Musculoskeletal System ✓ Recognition of Fracture ✓ Fracture Management ✓ Sprains and Strain Video - Fracture Management ✓ Arm Sling ✓ Elevated Sling ✓ Extremities Fracture Management Video - Spinal Injuries ✓ Effect of Spine Injuries ✓ Sign and Symptoms ✓ Spinal Injuries Management
12.30 pm	Lunch	Lunch
1.30pm	Video - Basic Life Support Practical ✓ CPR Assessment ✓ Automated External Defibrillator (AED) Foreign Body Airway Obstruction (Choking) ✓ Adult ✓ Conscious and Unconscious patient Video - Foreign Body Airway Obstruction (Choking) ✓ Choking management for adult	Video - Spinal Injury Management ✓ Log Roll Maneuver Video - Lifting & Transportation Group exercises and case studies ✓ Life Like Scenario Based ✓ Post Mortems and De-briefing
3.45 pm	Afternoon coffee break	4.30pm Afternoon coffee break
4.00 pm	Bleeding and Wounds ✓ Wound Management ✓ Bleeding Management ✓ Management: Amputations, impaled objects, abdominal injuries, nose bleed, foreign body management Video - Dressings and Bandaging	Post-Test Training evaluation
5.00 pm	Program end for Day 1	Program end for Day 2



Course Leader

Mr. P. Ravishankar A/L M. Periasamy has completed multiple professional exams in the span of 36 years and he has a Certificate as a First Aid and CPR Senior Instructor (1995) and First Responder Life Support (1998) from MRCS and HKL respectively. Obtaining a Certificate on Advanced First Aid made him a much more qualified First Aider. He has also completed courses on Basic Trauma Care and Malaysian Trauma Life Support in the year 1999 and has successfully obtained certificates from HUKM and HKL respectively.

In 2000, Mr. Ravi received a qualification from HUKM on Burn Management. On the following year, he became a part of the Regional Disaster response team in Indonesia and attended a 10-month on Emergency Medical Technician (EMT) course in Universiti Kebangsaan Malaysia Hospital. Besides that, upon completion of the Safety and Health Officer course, NIOSH BANGI awarded him with a qualification certificate. Deciding to branch out, Mr. Ravi attended the HAZMAT Course with Bomba in Perlis. In the year 2012, he completed the Basic Life Support (AHA) course. As of 2015, he was certified as an Advanced First Aider and also obtained the instructor certificate from Australasian registrar of Emergency Medical Technician. Apart from that, he did an Ergonomics and Emergency Response Plan course by NIOSH. In 2016 he had completed the GRSP Training of Trainers for Road Safety Essentials. Apart from that, Mr. Ravishankar had completed the Pre-Hospital Care Course conducted by HKL. In September he attended the "Out Hospital Cardiac Arrest" Pre-Conference Pre-Hospital Care and the 'Airway Management Course' Pre-Conference Pre-Hospital Care at HSB. He had also completed the Selangor Tactical Response Course in 2017 and the international table top exercise and wilderness medicine workshop at UITM Selayang campus on July 2018. Later in the same year, he attended the VVIP & VIP Emergency Response Course. On January 2019 he attended Malaysian Advanced Tactical Medicine Course conducted by Hospital Selayang.

Since the year 1983, Mr. Ravi has been a part of the Disaster Response Team and a volunteer with the ambulance in the Malaysian Red Crescent Society (MRCS) and in 1998 he was employed as a full time staff. Besides, he has also been working as an active First Aid trainer with MRCS for the past 24 years. Mr. Ravi has also been involved in assisting local floods and fires from the medical and rescue perspective.

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**Closing date for registration:
20 October 2021**

PUBLIC PROGRAM

flexiEdge Training PLT
Shoplot No. 9, Ground Floor,
Hotel Equatorial Penang,
1, Jalan Bukit Jambul,
11900 Bayan Lepas, Penang.
Tel/ Fax: 604-646 8377

Investment / Participation Fees



Category 1:

Safety & Health Officers (SHOs):

RM 159.00 per participant



Category 2:

Normal Rate:

RM 212.00 per participant

REGISTRATION FORM

FIRST AID, AED AND CARDIO-PULMONARY RESUSCITATION(CPR)

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No.	Details of Participant(s)	Designation	Category 1 (please tick ✓)	Category 2 (please tick ✓)	*Self-Sponsored? (please tick ✓)
1	Name:				
	MyKad No.:				
	SHO Registration No.:				
2	Name:				
	MyKad No.:				
	SHO Registration No.:				
3	Name:				
	MyKad No.:				
	SHO Registration No.:				

Registration Submitted By:

Company Name:

Company Address:

Contact Person:

Designation:

Tel:

Fax:

Email:

Registration Process & Payment Method:

- (1) Please note that this program is registered under **SBL-KHAS** Scheme. **Participation fees will be deducted from employer's HRD Corp account and paid directly to flexiEdge Training PLT.**
- (2) Employer/ Company to fill up and complete the registration form and email to Ms. Felicia Tham/ Mr. Quah Eng Siang of flexiEdge Training PLT at **administrator@flexiedge.com.my**
- (3) flexiEdge Training PLT will email the confirmation notification to Employer/Company.
- (4) Employer/Company needs to submit training grant application to HRD Corp before program date. Once approved by HRD Corp, Employer/Company to email the approved training grant application number to flexiEdge Training PLT, to be included into the JD/14 form (Joint Declaration).
- (5) Employer/ Company and flexiEdge Training PLT to chop-sign the JD/14 form and return to flexiEdge Training PLT for claim submission purpose.

For Self-Sponsored Participants*:

Enclosed herewith Cheque/ Bank Draft (No. _____) amounting to RM _____ for () participant(s), crossed and made payable to **"flexiEdge Training PLT"** OR Bank in / IBG transfer to our CIMB Bank A/C No.: 800 794 3431 and email us the bank in/ transaction slip/ payment advice.

**For self-sponsored participant(s), registration will only be guaranteed if full payment is received before program.*

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Terms and Conditions

1. Fees are inclusive of soft copy program materials (in pdf) and e-certificate of attendance.
2. Program confirmation will be given through email before the program date.
3. (a) Cancellation / notice of withdrawal must be given in writing (email) to us before program confirmation, no fee shall be charged.
(b) No cancellation is allowed once our program confirmation is emailed to you. However, if registered participant is unable to attend, **only replacement from the same company is allowed. Participant(s) who registered but does not turn up on training day shall be fully billed. No refund if participant/ replacement does not turn up on the training day.**
4. flexiEdge Training PLT has the right to change the dates, time, venue, course leader or cancel the scheduled training due to unforeseen circumstances beyond its control.

Visit us at www.flexiedge.com.my